** Eco Arch Bali – 10 Day Bali Experience - Earth Workshop

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 Lesson (Comparison)

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Days 1-3: Southern Bali Discovery

01

Day 1 – Arrival & Local Markets

- Arrival at Ngurah Rai International Airport (Denpasar)
- Check-in at hotel in Kuta
- Evening stroll at Kuta Beach
- Visit Satria Gatotkaca Statue and enjoy a local market crawl at Kuta Square

02

Day 2 – Southern Bali Exploration

- Morning visit to Uluwatu Cliff & Temple
- Relax at Nusa Dua Beach (optional water sports)
- Evening Kecak Fire Dance performance at Uluwatu

03

Day 3 – Temples & Coastline

- Sunrise visit to Tanah Lot Temple
- Visit Pura Petitenget Temple
- Evening relaxation at Seminyak Beach sunset cafés

Day 4 – Arrival & Grounding into the Earth

Theme: Arrival • Connection • Roots

Morning / Early Afternoon

- Students arrive in Jatiluwih, greeted with a traditional Balinese welcome ritual (flower offerings, blessing water).
- Welcome lunch: farm-to-table vegetarian Balinese meal with local seasonal produce.

Afternoon

- Orientation circle: introductions, setting intentions for the journey, sharing personal goals.
- Heritage walk through Jatiluwih
 rice terraces (UNESCO site) with
 local guides → learn about
 Balinese ancient architectural
 vernacular buildings and
 irrigation systems (Subak) and
 harmony between people, land,
 and spirit.

Evening

- Opening circle & meditation grounding practice to connect with the land and each other.
- Dinner together under the stars.
- Optional: Bonfire storytelling –
 sharing ancestral wisdom, local
 myths, and introduction to earth
 as a living medium.

Day 5 – Working with Earth, Learning from Ancestors

Theme: Creation • Craft • Transformation

Morning Morning meditation & gentle movement (yoga or breathwork) to prepare body and mind. Hands-on workshop: Earthen floors - preparing soil, mixing Midday natural binders, understanding textures and making of interior Practical session: Earthen walls & plasters – applying ancient earth floor. techniques, layering, and experimenting with natural finishes. Tea break with local snacks. Lunch together (Balinese vegetarian dishes). Afternoon Theory session: history of earth architecture, ancient Indian-Balinese connections in design, sustainability and modern applications. **Evening** Group dialogue: How can design heal communities? Community circle: reflection and guided discussion on conscious, spiritual thinking in design. Dinner together. Optional: Healing session / sound bath / hot spring bath relaxing, integrative experience to release energy and embody

the day's learning.

Day 6 - Integration & Celebration

Theme: Reflection • Community • Continuity

Morning

- Sunrise meditation in the rice terraces.
- Workshop continuation detailing, polishing, and final touches on earth floors/walls.
- Group photo and project blessing.

Midday

- Closing circle: students share their experiences, transformations, and intentions to carry forward.
- Lunch feast with local music/dance performance (optional cultural immersion).

Afternoon

- Free time for rest, journaling, or exploring nearby village life.
- Farewell blessings small gift (earth keepsake or local craft) to carry the memory home.

Evening

• Departure to next destination / return to Ubud base.



Days 7-10: Final Bali Exploration

1 Day 7 – Spiritual Bali

- Visit Brahmavihara-Arama Buddhist Monastery
- Relax at Banjar Hot Springs
- Evening free for Ubud cafés & group leisure

2 Day 8 - Royal Palaces of East Bali

- Day trip to Tirta Gangga Water Palace
- Explore Taman Ujung Water Palace
- Return to Ubud

3 Day 9 - Sacred Temples & Panoramic Views

- Early morning visit to Besakih Temple (Mother Temple of Bali)
- Stop at Lempuyang Temple (Gates of Heaven)
- Scenic views at Lahangan Sweet Viewpoint

4 Day 10 - Departure

- Breakfast at hotel
- Free morning for final shopping in Ubud
- Transfer to Ngurah Rai International Airport for departure

